



JOIN GIRLS ON THE RUN CODDLE CREEK TEAM

Hello, **SUPERSTAR!**

10 Week Spring Season: February - April
Mondays & Wednesdays @ 2:30 - 3:45 PM
Coaches: Emily Moore, Kayleigh Covington,
Lara Reading

Girls on the run®

Team for Girls in Grades 3-5
End of Season 5K on April 28th

GIRLS LEARN HOW TO...



Develop a sense of
belonging with a team



Speak positive self-talk
and increase self-worth



Recognize and manage
complex emotions

SCAN ME!



For more information
and to register, visit

www.gotrgreaterpiedmont.org

QUESTIONS?

Contact

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